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SENSORY PROCESSING & REGULATION IN PLAY THERAPY

Description

Children often communicate sensory needs and dysregulation through their behavior, emotions, and play. This 6-hour training will help play therapists recognize sensory processing differences and understand their impact on regulation. Participants will learn practical play therapy interventions for regulation, strategies for adapting the playroom, and ways to partner with parents and caregivers to support regulation beyond the therapy session.

*Play Therapy Credit available to mental health professionals and students in a graduate mental health program



TRAINING DETAILS

6 contact CE's

APT Approved Provider # 17-489

Presenter: Angela Medellin, LPC-S, RPT-S

November 7, 2026 9:00am-4:00pm
$150

HYATT PLACE NORTH STONE OAK
1610 E. Sonterra Blvd.
San Antonio, TX 78258

CLICK HERE

To Register

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LEARNING OBJECTIVES

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- Identify the major sensory systems and describe at least three ways sensory processing differences may present through a child's behavior and play.
- Differentiate sensory-seeking, sensory-avoidant, over-responsive, and under-responsive patterns and their impact on a child's participation in play therapy.
- Explain the relationship between sensory processing, emotional regulation, and co-regulation within the play therapy process.
- Demonstrate at least three play therapy interventions designed to support sensory regulation, body awareness, and emotional regulation in the playroom.
- Apply at least three strategies for adapting the playroom environment and the play therapist's therapeutic response to support children with differing sensory and regulation needs.
- Identify and demonstrate at least three strategies play therapists can use when partnering with parents and caregivers to increase understanding of sensory needs, strengthen co-regulation, and support regulation outside the playroom.

Participants must arrive to the training on time and be present for the entire presentation to receive CE credit.
Participation is required for the entirety of the training to receive CE credit.
Prior Play Therapy knowledge and experience are helpful but not necessary to participate
Registration refunds will NOT be made to parties who register but do not attend or do not contact the organizer 48 hours in advance.
We reserve the right to cancel any of these trainings in the event of unforeseen circumstances. If such a cancellation occurs, we will attempt to notify registrants and refund all registration fees.
Play Therapy credit is available to mental health professionals and graduate students in a mental health program.
It is the responsibility of mental health professionals to check with their state board to determine if credit issued through an NBCC Approved Continuing Education Provider or an Association for Play Therapy approved provider of the play therapy CE is accepted for credit by their state licensing board.
The Association for Play Therapy sets the credentialing standards for Play Therapists and approves applications for the Registered Play Therapist Credential. Please review the credentialing standards for full list of the requirements to obtain the credential by visiting the Association for Play Therapy website www.a4pt.org
If a grievance arises please contact Angela Medellin as soon as possible, so that we may work towards a resolution.



APT Approved Provider Administrator
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