



USING SANDTRAY AND EXPRESSIVE ARTS IN PLAY THERAPY

Description

The modalities of sandtray therapy and other expressive arts allow for implementation of play therapy skills with a wide variety of client age groups and needs, making them efficient tools for practitioners serving diverse populations. This workshop will blend lecture, discussion, and play-based experiences as the basic skills and protocols of sandtray-based play therapy supported by a few other expressive approaches are introduced and practiced.

***Play Therapy Credit available to mental health professionals and students in a graduate mental health program**



TRAINING DETAILS

6 contact CE's

APT Approved Provider # 17-489

Presenter: Marshal Lyles LPC-S LMFT-S, RPT-S

September 12, 2026 9:00am-4:00pm

\$150

Holiday Inn North Stone Oak

19280 Redland Rd, San Antonio, TX 78259

[CLICK HERE](#)



To Register

mind  works

LEARNING OBJECTIVES

1. Discuss how the history of sandtray therapy and play therapy evolved into current day practices
2. Describe an awareness of and connection to play therapy materials applicable to executing sandtray sessions
3. Apply standard practices and protocols of sandtray and how to integrate into play therapy with all ages
4. Apply knowledge of play therapy reflective skills and theme analysis to sandtray case studies
5. Discuss the basic skills associated with the effective use of expressive writing and visual art in play therapy
6. Apply an integrated framework of using intermodal expressive modalities with play therapy clients

Participants must arrive to the training on time and be present for the entire presentation to receive CE credit.

Participation is required for the entirety of the training to receive CE credit.

Prior Play Therapy knowledge and experience are helpful but not necessary to participate

Registration refunds will NOT be made to parties who register but do not attend or do not contact the organizer 48 hours in advance.

We reserve the right to cancel any of these trainings in the event of unforeseen circumstances. If such a cancellation occurs, we will attempt to notify registrants and refund all registration fees.

Play Therapy credit is available to mental health professionals and graduate students in a mental health program.

It is the responsibility of mental health professionals to check with their state board to determine if credit issued through an NBCC Approved Continuing Education Provider or an Association for Play Therapy approved provider of the play therapy CE is accepted for credit by their state licensing board.

The Association for Play Therapy sets the credentialing standards for Play Therapists and approves applications for the Registered Play Therapist Credential. Please review the credentialing standards for full list of the requirements to obtain the credential by visiting the Association for Play Therapy website www.a4pt.org

If a grievance arises please contact Angela Medellin as soon as possible, so that we may work towards a resolution.



APT Approved Provider Administrator

Angela Medellin, LPC-S- RPT-S TM

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