



FROM PLAY TO PROCESSING: INTRODUCING EMDR TECHNIQUES IN PLAY THERAPY

Description

This workshop introduces how EMDR therapy is integrated within play therapy for children. Participants will learn the basics of the Adaptive Information Processing (AIP) model and how EMDR principles fit naturally with play-based work. We will review the eight phases of EMDR with extra focus on adapting History Taking, Treatment Planning and Preparation for young clients. Attendees will see child-friendly ways to introduce bilateral stimulation through rhythm, movement and other playful activities.

*Play Therapy Credit available to mental health professionals and students in a graduate mental health program

LEARNING OBJECTIVES

1. Describe the theoretical foundation of EMDR therapy, including the Adaptive Information Processing (AIP) model, and explain how its principles align with the goals and methods of play therapy.
2. List the eight phases of EMDR therapy.
3. Identify at least two play therapy interventions that support EMDR Phase 1 goals.
4. Demonstrate at least three play therapy interventions for EMDR
5. Demonstrate creative, child-friendly and play based bilateral stimulation methods
6. Evaluate case examples illustrating how EMDR theory, preparation activities, and bilateral stimulation can be seamlessly integrated into the structure of play therapy.

Participants must arrive to the training on time and be present for the entire presentation to receive CE credit.

Participation is required for the entirety of the training to receive CE credit.

Prior Play Therapy knowledge and experience are helpful but not necessary to participate

Registration refunds will NOT be made to parties who register but do not attend or do not contact the organizer 48 hours in advance.

We reserve the right to cancel any of these trainings in the event of unforeseen circumstances. If such a cancellation occurs, we will attempt to notify registrants and refund all registration fees.

Play Therapy credit is available to mental health professionals and graduate students in a mental health program.

It is the responsibility of mental health professionals to check with their state board to determine if credit issued through an NBCC Approved Continuing Education Provider or an Association for Play Therapy approved provider of the play therapy CE is accepted for credit by their state licensing board.

The Association for Play Therapy sets the credentialing standards for Play Therapists and approves applications for the Registered Play Therapist Credential. Please review the credentialing standards for full list of the requirements to obtain the credential by visiting the Association for Play Therapy website www.a4pt.org

If a grievance arises please contact Angela Medellin as soon as possible, so that we may work towards a resolution.



APT Approved Provider Administrator

Angela Medellin, LPC-S- RPT-S TM

210-366-3700

angela@mindworkstx.com

www.mindworkstx.com