# mind works



### COGNITIVE BEHAVIORAL PLAY THERAPY: TECHNIQUES AND INTERVENTIONS

# **Description**

Cognitive-behavioral Play Therapy is a therapeutic intervention that is based on cognitive and behavioral principles and integrates them in a developmentally sensitive way. CBPT's treatment is both structured and unstructured and is an adaptation of CBT designed to be developmentally appropriate for kids. This workshop will describe the integration of cognitive, behavioral, and traditional approaches to play therapy. CBPT's theory and techniques will be presented and demonstrated. The selection of play materials, the play therapist role, and other considerations will be discussed.

\*Play Therapy Credit available to mental health professionals and students in a graduate mental health program



#### TRAINING DETAILS



6 contact CE's

APT Approved Provider # 17-489

Presenter: Priscilla Reyna-Vasquez is an LPC-S, NCC, RPT- $S^{TM}$ ,

November 2nd 9:00am-4:00pm \$150

HYATT PLACE NORTH STONE OAK 1610 E. Sonterra Blvd. San Antonio, TX 78258





To Register

#### LEARNING OBJECTIVES

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Explain CBPT theory and application

Demonstrate cognitive and behavior techniques of CBPT

Describe the therapeutic powers of play in CBPT

Identify important considerations of CBPT

Discuss the selection of materials, play therapist role, and appropriateness



Participants must arrive to the training on time and be present for the entire presentation to receive CE credit.

Participation is required for the entirety of the training to receive CE credit.

Prior Play Therapy knowledge and experience are helpful but not necessary to participate Registration refunds will NOT be made to parties who register but do not attend or do not contact the organizer 48 hours in advance.

We reserve the right to cancel any of these trainings in the event of unforeseen circumstances. If such a cancellation occurs, we will attempt to notify registrants and refund all registration fees.

Play Therapy credit is available to mental health professionals and graduate students in a mental health program.

It is the responsibility of mental health professionals to check with their state board to determine if credit issued through an NBCC Approved Continuing Education Provider or an Association for Play Therapy approved provider of the play therapy CE is accepted for credit by their state licensing board.

The Association for Play Therapy sets the credentialing standards for Play Therapists and approves applications for the Registered Play Therapist Credential. Please review the credentialing standards for full list of the requirements to obtain the credential by visiting the Association for Play Therapy website www.a4pt.org



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